



TEACHERS' GUIDE

ABOUT ACT SMART INDIA

Act Smart is the flagship India program of the Global Smashed Online project, present in over 25 countries. It is part of a global effort to develop essential life skills and resilience in teenagers through effective alcohol

education. Through an e-learning experience it combines powerful video-based content, with curricular linked tasks and student assessment, to inculcate essential skills.

KEY THEMES

Students observe, explore and reflect on vital underage drinking themes such as:

**THE SOCIAL AND
EMOTIONAL CAUSES**

**THE IMPACT ON
YOUNG LIVES**

**SOCIAL INFLUENCE
AND DECISION MAKING**

**WHERE AND HOW TO
HELP YOURSELF AND
OTHERS**

ESSENTIAL SKILLS

The program helps develop essential life skills that students can leverage in the future

- **DECISION MAKING**
- **CRITICAL THINKING**
- **EMPATHY**
- **RESILIENCE**
- **SELF-AWARENESS**
- **PROBLEM SOLVING**

HOW CAN IT HELP STUDENTS?

1

Increases knowledge and understanding of the dangers of underage drinking and other societal pressures

2

Increased understanding of coping strategies that they can employ in real-life situations

3

Development of essential life skills highlighted by UNICEF India

4

A certificate to showcase participation and engagement in the course

5

An interactive and enjoyable learning experience

HOW TO USE ACT SMART INDIA ONLINE?

WHOLE CLASS SESSIONS

- Sign in using the 'Are You a Teacher?' button in advance and register the class size
- Use an interactive whiteboard or projector to complete the course as a group
- Use the interactive activities to discuss the learning points together
- Take our quick student poll before and after the course to view student progress and download the results. To keep their answers anonymous, follow the link to use our simple Heads Down Hands Up activity!

INDIVIDUAL STUDENTS

- Email the course links to students
- Students sign up anonymously
- Students complete Act Smart India Online in their own time
- They will be prompted to answer simple questions so we can monitor student progress
- They can use helpful links for additional information, advice and guidance



HOW CAN IT HELP ORGANIZATIONS?

OPPORTUNITY TO CREATE RESPONSIBLE YOUTH LEADERS THROUGH AWARENESS AND LIFE SKILLS

BRANDING OPPORTUNITIES FOR PARTNER ORGANIZATIONS

COURSE DELIVERY CAN BE CUSTOMIZED TO THE ORGANIZATION'S NEEDS - IN PERSON OR VIRTUAL DELIVERY

OPPORTUNITY TO BE ASSOCIATED WITH A GLOBAL BRAND PROMOTING RESPONSIBLE LIFE SKILL EDUCATION FOR TEENAGERS.

CONTACT US

IF YOU ARE INTERESTED IN KNOWING MORE ABOUT THE ACT SMART PROGRAM AND UNDERSTAND HOW YOUR STUDENTS CAN BENEFIT FROM IT,

PLEASE REACH OUT TO US:

ABHISHEK TYAGI, PROJECT LEAD - ACT SMART INDIA

EMAIL: ABHISHEK@CSRBOX.ORG

FOLLOW US:

[HTTPS://WWW.LINKEDIN.COM/SHOWCASE/ACT-SMART-INDIA](https://www.linkedin.com/showcase/act-smart-india)

[HTTPS://TWITTER.COM/ACTSMARTINDIA](https://twitter.com/actsmartindia)

[HTTPS://WWW.INSTAGRAM.COM/ACTSMARTINDIA/](https://www.instagram.com/actsmartindia/)

[HTTPS://WWW.FACEBOOK.COM/ACTSMARTIND/](https://www.facebook.com/actsmartind/)